

# Preparation for College Student-Athlete Recruiting Journey

Play on high school team

Freshman Year

- \*Play Club and developmental programs
- \*Concentrate on best high school curriculum
- \*Ask coaches for skills evaluation
- \*Make "List of Target Colleges" for academics and athletes

- \*Visit colleges to see what you might like
- \*Start collect stats/highlights for player bio
- \*Send out initial contact ltrs/emails to college coaches
- \*Go to college summer camps every year

Sophomore Year

Academic Success

- \*"Be on target" for all NCAA student-athlete requirements-good grades
- \*Investigate colleges and their admissions requirements
- \*Visit NCAA Eligibility Center
- \*Get familiar with recruiting process and what skill sets coaches like

Communication

- \*Put together your player bio
- \*Send out player bio and start filling-out college questionnaires
- \*Send college coaches your tournament schedules
- \*Play club showcase events
- \*Review and update player highlight video

Excel in your Sport

Junior Year

Grades  
Grades  
Grades

Keep looking for "good fit" colleges

- \*Continue academic success
- \*Register with NCAA Eligibility Center
- \*Take SAT/AP Test
- \*Send follow-up emails with player bio, highlight videos, and tournament schedules. Ask counselor to send your transcripts at the end of the year and you follow up with unofficial copies.

- \*Call coaches introduce yourself and express interest in programs.
- \*It's important to keep track of all communications that you have with college coaches.
- \*Keep improving your craft, develop one skill you can be great
- \*Go to college summers camp

Perfect Skills

Senior Year

Grades Matter

- \*Review your NCAA core student athlete requirements
- \*Send out your player bio and tournament schedules
- \*Immediately, send out fall sport accolades
- \*If you have new interest in college send email with resume
- \*DO NOT WAIT UNTIL YOUR SENIOR YEAR TO MAKE FIRST CONTACT OR REGISTER FOR THE NCAA ELIGIBILITY CENTER

